



READER Q&A

Whether you want to try a new trend, product or red-carpet look, beauty director **Sarah Brooks-Wilson** can help. From skincare tips and make-up guidance to hair how-tos, she's got the answers.

Q I have new blonde highlights and don't want them to fade. Any suggestions?

A The secret is not to over-wash your locks. Shampoo no more than three times a week and use products designed to preserve colour—we like John Frieda Sheer Blonde Everlasting Blonde Shampoo and Conditioner (\$17.99 each; 1800 468 318). It's also a good idea to book in for a gloss treatment every six weeks; it'll refresh your colour by sealing the cuticle and boosting shine.

Q I love January Jones' cool green eye make-up. How can I get her look?

A Skip the eyeshadow and do some subtle shading with two eyeliners—one a deep emerald, the other a soft mint. Make-up artist Rachel Goodwin traced a darker shade over January's upper lash line, creating a wing at the outer corner of each eye. She then used a lighter hue to brighten under the eye, diffusing the line with a brush.



Q I have dark spots on my face. What products can I use to help reduce them?

A Pigmentation spots can take years to develop so skincare products won't make them disappear overnight. But ranges that focus on lightening them will help with time. Look for products that contain vitamin C, AHAs, glycolic acid or salicylic acid, which is in Lancôme's latest creation, Dreamtone (left). Talk to your dermatologist about chemical peels and laser therapy, which can also improve skin texture and tone by going below the surface to tackle deep-rooted damage.



Q I've read that contouring is great for defining the cheekbones. How do I do it?

A Contouring can be used to highlight the cheekbones and define the jawline, too. The quickest way to do it is to use a two-tone blush. Pinpoint your cheekbones by sucking in your cheeks—you should contour just below the bone. Using an angled powder brush, dust your blush duo's darkest shade onto your skin, brushing downwards in the direction of your lips. Then apply the lightest hue just above your cheekbones to highlight. Apply the same principle to define a weaker jawline, this time tracing along the bone using only the darkest shade.