

BEAUTY TALK

# JENNIFER HAWKINS

The model, designer and ANTM host has enviable *everything*, from luminous skin to straight-from-the-salon hair. Here, she reveals what it takes to look this good.

**As the face of many brands (Myer, Lovable, Mount Franklin), you must follow a rigid beauty routine...** “No, it’s pretty low maintenance. I cleanse every day, exfoliate every two days and [self-]tan regularly. I love an eye cream and a vitamin serum to regenerate my skin and I use face wipes to get rid of make-up.”

**You’re launching a new bronzing range, J Bronze. What’s the secret to a great faux tan?** “Prep! If I have a big event coming up, I hold off tanning until the night before. I’ve never had a tanning mishap because I do the work beforehand and exfoliate. If I haven’t exfoliated, I don’t apply the tan. Otherwise, it goes patchy.”

**You have hair most women dream of. How do you look after it?** “I am pedantic with my haircare. I use treatments all the time. When I went to the Maldives recently, I put on a mask whenever I got out of the ocean to nourish my hair between dips.”

**Are you also pedantic about exercise? How do you stay in shape?** “I do Pilates. For me, it’s like moving meditation and I mix it up with running, too. I do work hard [at it]. I need to work out a lot and eat healthily.”

**So you’re strict about what you eat, too?** “I have cut back on refined carbs and just follow clean eating. But no diets—I hate that. I am into juices to alkalise my body; my favourite is celery, mint and ginger with a whole lemon. I have the odd sweet treat and a glass of red wine. Overall though, I like to look fit and athletic so it’s not a drain for me.”

—SARAH BROOKS-WILSON



**MAX FACTOR FALSE LASH EFFECT MASCARA**  
“It looks natural but really defines the lashes. I use it every day.”  
\$19.95; 1800 181 040.

**MAC CREMESHEEN LIPSTICK IN SHY GIRL**  
“Nude lipsticks look great with a tan. This one is creamy with a hint of coral so it’s not too neutral.”  
\$36; 1800 613 828.



## Jennifer's MUST-HAVES



**J BRONZE FACE FLAWLESS TAN**  
“With this, you can have both coverage and colour and skip foundation.”  
\$24.95; jbronze.com.au.



**LAURA MERCIER SECRET CAMOUFLAGE**  
“It allows me to blend the perfect colour every time.”  
\$49; 02-9663 4277.



**BURBERRY BRIT EDT**  
“I like to mix up my fragrances but this is my current favourite.”  
\$103/50ml; 02-9695 5678.

**THE GOLDEN GIRL** With her radiant skin and tousled hair, Hawkins’ beauty go-to is “natural and beachy” but she amps up the glamour factor for the red carpet. Here are a few of our favourite looks.



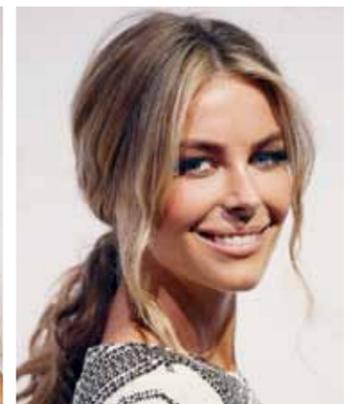
**2006**  
“My eyebrows were way too thin here. I’d had them badly done and they looked terrible. But I did love my hair and luminous skin.”



**2007**  
“It was summer so I wanted to go bronze with my make-up and have simple, slicked-back hair.”



**2011**  
“My brows had grown back! I went for a darker hair colour and my hairstylist, Keiren Street, did Hollywood glamour, for a change.”



**2013**  
“Hairstylist Kevin Murphy put a paste in my hair that made it go all gritty and beachy. We paired it with fresh, nude make-up.”