

autumn colours

Words Sarah Brooks-Wilson
Photography Jennifer Soo



You'll fall for these warm and wonderful make-up must-haves.

1. OPI Nail Lacquer in It's Totally Fort Worth It, \$19.95. Forget beige – lavender grey is the new neutral.
2. Shu Uemura Morphorium Blue Palette pressed eyeshadow, \$115. These vivid blue and deep-purple shades create dramatic eyes.

3. Sisley Phyto Khol Star Glittering Eyeliner in Dark Amethyst, \$62. Line eyes with purple instead of black this autumn. The added glitter will sparkle both day and night.
4. Chanel Brilliant Extreme Glossimer in Nakkar, \$46. This is a softer way to add colour

to your lips and the glitter particles make lips look fuller.
5. Giorgio Armani Face Fabric Radiance, \$80. Slather this on top of your foundation to even out your complexion.
6. Hourglass Femme Rouge Velvet Crème Lipstick in Muse, \$40. Create statement

lips with this coral shade.
7. Christian Dior Diorshow 360 Mascara, \$65. Give that false-lash effect with this rotating-brush mascara.
8. Lancôme Butterflies Fever Healthy Glow Mineral Blusher in Glowly Ballerine, \$82. A pink and peachy shimmery flush.

Stockists
Chanel 9900 2944
Christian Dior 9695 4800
Giorgio Armani 9931 8888
Hourglass 1800 007 844
Lancôme 9931 8888
OPI 1800 358 999
Shu Uemura 9931 8888
Sisley 1300 780 800

look book



Katherine Hicks
Actor, Rescue Special Ops

What's your beauty routine?

I cleanse, tone and moisturise morning and night and try to take my make-up off straight after work. I am especially wary of the sun and use SPF during the day.

What do you see when you look in the mirror?

Depends on the lighting! My skin shows everything. I notice if I haven't been drinking enough water or if I haven't been sleeping enough. It's a great indicator.

What's the most pain you've endured in the name of beauty?

Stiletto.

Can you share a beauty tip?

Protect your skin from the sun. It's the best anti-wrinkle treatment and it hardly costs a thing.

What's the last beauty product you spent more than \$100 on?

I'd say perfume – a bottle of Chanel Allure. It's my one indulgent product.

Do you ever use products that cost less than \$20?

Yes, I buy this beautiful product from the Vanessa Megan range. Her Essential Blend body spray is very relaxing and is perfect post-shower and pre-bed.

Facials, are they worth it?

I have a regular facial at The Clear Skin Clinic in Double Bay as I've found it helps balance the constant exposure to make-up and the sun.

What's your attitude to exercise?

Occupational hazard. No, actually I really enjoy exercise. I do yoga, gym, beach runs and dance class.

Your beauty icon?

Meryl Streep. She is a strikingly beautiful woman and her creative wealth and the generosity with which she shares makes her a timeless beauty.

the(fix)

How do I make my smile look better?

To get rid of stains on your teeth, use a whitening toothpaste and mouthwash every day. Go for washes that contain hydrogen peroxide because it dissolves oxygen molecules, lifting stains. Also try an at-home whitening kit as these can whiten teeth by up to five shades in just weeks. Red lipsticks with a hint of blue, such as berry or fuchsia, will neutralise yellow and make teeth appear brighter.

For practical beauty advice, email your questions to thesydney@smh.com.au.